

DECEMBER/JANUARY
2010-2011

CHATTER ON A PLATTER



Northern Beaches Toastmasters Club

Moving Forward and Getting Ahead

Our Grateful Thanks to our present Committee Members for all the work they are doing on our behalf for the Northern Beaches Toastmasters Club.

President: David Tomlinson
V/P Education: Stephen Trindall
V/P Membership: Denise Tomlinson
V/P P/Relations: Keren Snell
Treasurer: Deanna Morpurgo
Sergeant of Arms: Sharon Austin
Secretary: Hugh Barber
Immediate P.President
Webmaster: Greg Holterman

Focusing on Fun!!!

**Northern Beaches Toastmasters
Meet 6.45pm on
4th Tuesday of the Month.**

Choosing a different Restaurant each month. Also meeting when there is a 5th Sunday of the month, encouraging all to take the opportunity & notch up another Speech.

Happy New Year



TUESDAY 25TH JANUARY 2011

**WILL BE OUR FIRST
MEETING OF THE YEAR
'INTERNATIONAL SPEECH &
EVALUATION CONTEST'
TO BE HELD AT**

**HARBORD CHINESE
RESTAURANT
LAWRENCE STREET,
HARBORD.**

**Date for your Diary
for our February
meeting is
Tuesday 22nd
February**

**Lakeside Thai Cuisine
1425 Pittwater Road
Narrabeen**

PRESIDENTS MONTHLY AWARD

Presented to Richard Sammi for his outstanding impromptu speech of his life before receiving a spontaneous standing ovation from the club members.

PLATTERS KITCHEN

Zucchini Quiche

Ingredients –

1 cup stale wholemeal breadcrumbs
2 zucchini - coarsely grated
1 small red onion – finely chopped 1 clove garlic – crushed
4 eggs – lightly beaten
1 ¼ cups cream
¼ cup grated parmesan cheese
1 cup grated cheddar cheese
1 tablespoon wholemeal self-raising flour

Method –

Spread breadcrumbs evenly over the base of a well-greased 25 cm pie dish.

Combine zucchini, onion and garlic in medium bowl – add eggs, cream, cheeses and flour and mix well.

Spoon mixture over crumbs.

Bake uncovered in a moderate oven for 45 minutes or until cooked.

This is one of Jan Vecchio's favourite dishes.

If you don't like Zucchini, try it with broccoli or other vegetables or salmon.

It is easy to make – preparation time is about 15 minutes.

Serve with a tossed green salad and crusty bread .



“It’s so hard when I have to and so easy when I want to!”

BIRTHDAY CELEBRATIONS

20TH JANUARY

John Inglis

SPEAKERS OF THE DECEMBER MEETING

Speaker No 1 Sharon Austin Evaluated by Stephen Trindall

Title: 'Developing a Sense of Humour.'

This educational type of speech lead us through our life cycle from baby into adulthood, from a smile at 2 weeks leading to how a sense of humour with laughter and smiling go hand in hand.



Speaker No 2. Steve BarberSpe Evaluated by Reg Stewart

Title: 'Coulsdon Railway!'

A humorous story of an Indians return trip from Coulsdon UK to India, with imitating the Indian Accent.

Speaker No 3. David Tomlinson Evaluated by Phillip Bendeich

Title: 'Mistress of the Mixed Metaphore'

David served a delicious roast of his beloved wife Denise, which was enjoyed by all present.





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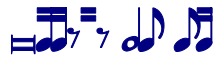
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*MOVING
FORWARD,*

WE'RE ON THE WEB!

SEE US AT.

WWW.NBTC.ORG.AU



Our special guests of the evening were:

Phillip Bendeich *The District 70 Governor*

Linda Clarke *Wattle Grove Toastmasters*

Michael Said *Harbord Toastmasters*

Bree Nicholson

Angus Ingham

What's On in District 70

Sunday Speakers Forum, 23 January

2011 Bankstown Sports Club Greenfield Parade, Bankstown

District 70 Sunday Seminar, 23 January

2011 Beyond CRC/PIP: The next step in

Evaluation Facilitated by David Griffiths ACS, 2010 District Evaluation Champion Bankstown Sports Club Greenfield Parade, Bankstown

Registration is Essential:

seminars@d70toastmasters.org

Club Leadership Training, 30 January to 27

February 2011 Various locations across NSW and the ACT

District 70 Annual Conference Living in the 70s,

13 to 15 May 2011 Bankstown Sports Club Greenfield Parade, Bankstown, Celebrating 40 years of District 70, our members and our clubs.

