

FEBRUARY / MARCH
2011

CHATTER ON A PLATTER



Northern Beaches Toastmasters Club

Moving Forward and Getting Ahead

Our Grateful Thanks to the past Committee Members for all the work they have done on our behalf to make Northern Beaches Toastmasters Club, the club it is today.

President: David Tomlinson
V/P Education Stephen Trindall
V/P Membership: Denise Tomlinson
V/P P/Relations: Keren Snell
Treasurer: Deanna Morpurgo
Sergeant of Arms: Sharon Austin
Secretary: Hugh Barber
Immediate P.President &
Webmaster Greg Holterman

OUR MARCH MEETING,

Tuesday 22nd March
Thai Garlic Restaurant
The Centre, Forestville

AREA 22
INTERNATIONAL SPEECH &
EVALUATION CONTEST. Hosts
Balgowlah RSL Toastmasters Club
5th March, 2011
Manly Senior Citizens' Centre,
275 Pittwater Road, Manly

Time 1.00pm for 1.45 start Cost
\$5.00 pp. pay at the door
RSVP by Wed 02nd March

Diana Iles :president@brsltm.org.au
"A CHALLENGE TO ACHIEVE"

Focusing on Fun

Northern Beaches
Toastmasters Meet
6.45pm on
4th Tuesday of the
Month.

Choosing a different Restaurant each month. Also meeting when there is a 5th Sunday of the month, encouraging all to take the opportunity & notch up another Speech.

April 19th The Billows
Collaroy

20th March

Hawkesbury Division
International and
Evaluation Contests

District 70 Annual
Conference Living in the 70s,
13 to 15 May 2011

Bankstown Sports Club
Greenfield Pde,
Bankstown,

Celebrating 40 years of
District 70,
our members and our clubs.



PLATTERS KITCHEN

8 slices bacon chopped and sautéed with
1 clove of garlic and
1 onion chopped

1 can green beans –drained
1 can pork (ham) and beans not drained

1 can lima beans - drained
available, so I
1 can kidney beans
mixed beans

These are not always
have substituted 2 tins of
Or 1 large can 4 bean mix

3/4 cup brown sugar
1/2 tablespoon vinegar
1/8 teaspoon pepper
1/2 teaspoon mustard (not necessary)

Mix all together in large casserole
Bake 1 hour in 350o F oven
(or 20 minutes medium microwave)

Can be served hot or as a cold salad.

Is nice served with a waldorf salad : celery, seedless grapes, walnuts and apple.

Preparing a speech and preparing a menu have a lot in common for Toastmasters, Family & Guests.

Collection of ideas & information for a speech /
collection of ingredients for a menu
Preparing the speech / preparing the method of cooking the ingredients
Practice of vocal variety & pace / practice of blending flavours & textures

Presentation of both Speech and Menu are most important

Points for Improvement for both Speech and Menu

FEBRUARY SPEAKERS

Speaker No 1 Stephen Trindall Evaluated by No thanks Jan

Title: 'Educate to Motivate.' lead

This educational speech of encouragement for both the speaker & evaluator. The Speaker to have tough skin and 'always do your best.' Whilst the evaluator is not a judge, must give encouragement with sincerity. Tell of what was seen, heard & felt.



Speaker No 2. Muriel Jones Spea Evaluated by Steve Barber Spe

Title: 'Meditation'

Tati Meditation is such a gift, teaching us thus the keys to Enhance the whole of our lives. With just 20 mins each twice each day. Meditation is medically proven giving us healing, and peace and calmness.

A life of harmony and love.

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Speaker No 3 Reg Stewart Evaluated by Title 'Holterman

Title: Ah, Ha!

Reg told how an answer came to a question he had many years ago.

Frank Elmes & Graham Blandy

The history of the Julian & Gregorian Calendars & when the UK began using this calendar in 1752. Reg then spoke of the Mayan Calendar.

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VISITORS OF THE EVENING

Our special guests of the evening were:

Sally James

Brian Paull

Karen Armstrong

Peter Crewe-Brown

THOUGHT OF THE MONTH

*“Look at things not just as they are
but as they can be!”*

13th April, 2011. A joint meeting with Bon Appetit

**North Shore Gourmet Toastmaster Clubs.
The Inn Restaurant,
167 Military Road, Neutral Bay.
\$32.00 + \$2.50 byo surcharge per person.**

What's On in District 70

13 to 15 May 2011

Bankstown Sports Club
Greenfield Parade, Bankstown,
Celebrating 40 years of District 70,
our Members and our Clubs.

QuickTime™ and a
decompressor
are needed to see this picture.

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*MOVING
FORWARD,
GETTING AHEAD*

WE'RE ON THE WEB!

SEE US AT.

WWW.NBTC.ORG.AU

