



## SPEECHCRAFT COURSE

Commencing  
Wednesday 12<sup>th</sup>  
February 2014  
for 6 weeks  
at Club Totem  
Condamine Street  
Balgoolah  
Cost = \$330

If you can assist in  
the successful  
conduct of our  
2014 Speechcraft  
Course, please  
contact  
Reg Stewart  
(Vice-President  
Education)

# CHATTER ON A PLATTER

DECEMBER 2013 – JANUARY 2014

## Northern Beaches Toastmasters Club

*Moving forward, getting ahead*

### THOUGHT OF THE MONTH

Even when you have a point to make, even when you are angry or frustrated, pause and listen to the person talking to you. Listen to the world around you. Listen to your heart and your loved ones. Listen to their words. Hear their unsaid messages.

*Nothing is a waste of time if you use the experience wisely – Auguste Rodin*

## JANUARY BIRTHDAY CELEBRATION

20<sup>th</sup> January - JOHN INGLIS



### ROUND 2 - CLUB LEADERSHIP TRAINING

All club officers and interested members are invited to attend Round 2 Club Leadership Training. Please note in your diary local training scheduled for –

- ✓ Saturday 18<sup>th</sup> January at St Josephs Church Hall, 21 Lagoon Street, Narrabeen
- ✓ Thursday 18<sup>th</sup> February at Harbord Diggers Club, Evans Road, Freshwater

Please check the District 70 website for additional sessions.

[www.d70toastmasters.org.au](http://www.d70toastmasters.org.au)

*Christmas, my child, is love in action.*

*Every time we love, every time we give, it's Christmas.*

*Dale Evans*

**Thank you  
David  
and  
Denise  
for hosting the  
Christmas  
meeting  
on 17<sup>th</sup>  
December**

*Gracias*

*Merci*

*Dank*

*Grazie*

*Tesekkurler*

Congratulations

Errol

Table Topics Master  
for the first time at  
our Christmas  
meeting



Two fabulous  
speakers at our  
December meeting

Sharon  
"Shergar"

Sue  
"Are You  
Addicted"

**Planning and Implementation - Project 5 Competent Leader Manual**

A plan provides direction for the leader and the team. The planning process involves setting goals and objectives, and preparing plans and schedules to accomplish them. The process forces leaders to look beyond their everyday activities and think about what they want to happen in the future. Involving team members in the process encourages commitment.

The planning and implementation process can be broken down into five steps:

1. Determine goals – specify what and when.
2. Establish strategies – list the specific steps that must be taken to achieve the goal.
3. Set a timetable – list, prioritise and establish deadlines for each task.
4. Assign responsibilities – delegate and be clear about what each team member is to do. Consider the skill levels of each person on the team.
5. Anticipate obstacles – turn obstacles into possibilities and help the team to think more creatively.

Your responsibility as a leader is to communicate the goal to the team members in a way that motivates them.

Dear Members,

Christmas is a time for showing love and gratitude and being with family and friends. That's how it was at our last meeting at the home of David and Denise Tomlinson. I am extremely grateful to David and Denise for hosting the Christmas meeting for the fourth consecutive year.



It was lovely to see Shelley (Steve's daughter) and her husband Matthew at our Christmas meeting. Family and friends are always welcome.

Like all Toastmaster meetings, we had the opportunity to learn. We learnt more about Christmas traditions from the readings that were prepared by Reg –The Wise Men, The Gifts, Bethlehem, Father Christmas, Good King Wenceslas and Ebenezer Scrooge. We learnt the importance of rhythm and cadence in reading poetry with the round robin reading of The Man From Snowy River, lead by Steve Barber. Who could ever forget the story of Shergar (by Sharon) and the message from Sue about our addiction to mobile phones, ipads and other electronic gadgetry. Most importantly we learnt to speak from the heart and express our gratitude to each other, in the gift exchange lead by David and Denise.

Take time over the Christmas holiday period to think about the learning opportunities in Toastmasters. The knowledge you gain is a gift that you can share with anyone. It costs you nothing but time. Can you make the time to share?

Wishing you a joyous Christmas and a New Year that brings health and happiness. *Jan*

## WHAT DOES CHRISTMAS HAVE TO DO WITH PUBLIC SPEAKING?

DR DILIP ABAYASEKARA

Good question. From my point of view, there *is* a connection. In the Gospel of Matthew we read about the visit of “Magi (wise men) from the east” to the newborn Jesus. We read that the wise men “fell down and worshipped Jesus and then, opening their treasures, they offered him gifts, gold, and frankincense, and myrrh.” That spirit of giving has become a hallmark of this season.

Giving gifts to others at this time of the year transcends religious, national, and ethnic boundaries. But what does that have to do with the public speaker, you ask? My answer is that you and I are reminded in this season of gift giving that every time we speak to an audience, we have an opportunity to “open our treasures” and offer gifts of inestimable value. Just as the Magi gave their gifts in reverence to the Christ child, we public speakers have the opportunity to give our gifts to the audience with an attitude of humility, respect, and service.

Regardless of the type of presentation you do, here are four things you can always give your audiences that will stamp you as special, because you deliver a special GIFT to your audiences when you present:

**Goal** – Before you construct the speech, get a clear idea of the specific purpose for your speech. As a result of hearing your presentation, what do you want the audience members to know or do? Construct your speech to support that end result. Before the end of your **introduction**, reveal or at least hint at your end purpose to your audience.

**Inspire** – Add a dash of **inspiration** to every presentation. Even a business briefing need not be dull; find a way to add a sparkle, a hope, a glint of future possibilities for your audience and/or organization.

**Fruit** – Your presentation must have substance. Sparkle without substance is only fluff. Substance *with* sparkle will make your presentation appealing and memorable. If your presentation is like a plant, offer “fruit” (substance) as well as flowers (inspiration).

**Tie-in** – Conclude your presentation with a wrap up of what you want your audience members to take away from it. Tie the conclusion to the specific purpose of your presentation. That is the “tie-in.” When you conclude your presentation, audience members should know clearly what they are supposed to do with what they learned from your presentation.

There you have it — every presentation is a GIFT; an opening up of your treasures and a generous offering of them to your audience members with respect, humility, and a heart of service. When you do that, you will carry the Christmas spirit of giving to every presentation. You too will be a Magi!

*It is said that deep, concentrated feeling is never loud, and it may be added that action and gesture of a great speaker are never violent. The purpose of gesture is to emphasize, illustrate, or in some degree add clearness or force to a speaker's thoughts. If it fails to accomplish one of these objects, it will hinder rather than help the speaker. The whole art of gesture may be summed up in three words:*

*Simplicity  
Appropriateness  
Variety*

Grenville Kleiser

*Word of the Month*

### *Epiphany*

*An experience of sudden and striking realization. The word can apply in any situation in which an enlightening realization allows a problem or situation to be understood from a newer and deeper perspective.*

*It is also the 12<sup>th</sup> night after Christmas when the Magi came from the East to greet the newborn Child.*



**CLUB MISSION**  
*We provide a supportive and positive learning experience in which members are empowered to develop communication and leadership skills, resulting in greater self-confidence and personal growth.*



**Northern Beaches Toastmasters Club** *moving forward, getting ahead*

PO Box 1360 Dee Why NSW 2099

Publisher and Editor – Jan Vecchio  
 0412254173 jve21770@bigpond.net.au

Meetings are held at various restaurants on the northern beaches of Sydney on the 4<sup>th</sup> Tuesday of each month – 6.30pm for 7.00pm

**FORWARD PLANNER – 6 MONTHS**

- 14<sup>th</sup> January – Club Executive Committee Meeting – 7.30pm
- 18<sup>th</sup> January – club leadership training – St Josephs Church Hall, Narrabeen (afternoon)
- 28<sup>th</sup> January – club meeting - International Speech and Evaluation Contests**
- 2<sup>nd</sup> February – Evaluation Workshop - St Josephs Church Hall, Narrabeen
- 12<sup>th</sup> February – commencement of 6 week Speechcraft Course – Club Totem
- 20<sup>th</sup> February – club leadership training – Harbord Digger Club (evening)
- 25<sup>th</sup> February – club meeting**
- 8<sup>th</sup> March - Area 8 International Speech and Evaluation Contests
- 16<sup>th</sup> March – Speakers Forum and Sunday Seminar – Bankstown
- 25<sup>th</sup> March – club meeting**
- 30<sup>th</sup> March – Hawkesbury Division International Speech and Evaluation Contests
- 24<sup>th</sup> April – club meeting – announcement of nominations for elections in May**
- 16<sup>th</sup> – 18<sup>th</sup> May – District 70 Annual Conference (including finals of the International and Evaluation Speech Contests) – Bankstown
- 24<sup>th</sup> May – Train the Trainer (for Club Leadership Trainers)
- 27<sup>th</sup> May – club meeting – Club Officer Elections**
- 22<sup>nd</sup> June – Speakers Forum and Sunday Seminar
- 24<sup>th</sup> June – club meeting – Changeover Dinner**



**CLUB EXECUTIVE COMMITTEE MEMBERS**

- President: Jan Vecchio DTM
- VPE: Reg Stewart DTM
- VPPR: Guy Loucks
- VPM: Denise Tomlinson DTM
- Secretary: Kathy Stewart ACG, ALB
- Treasurer: David Tomlinson ACS
- SAA: Steve Barber ACS

