



CHATTER ON A PLATTER

Northern Beaches Toastmasters Club

FEBRUARY/MARCH 2012



Our Grateful Thanks to the past Committee Members for all the work they have done on our behalf to make Northern Beaches Toastmasters Club, the club it is today.

President: Steve Barber
V/P Education: Frank Elmes
V/P Membership: Muriel Jones
V/P/P Relations: David Tomlinson
Treasurer: Deanna Morpurgo
Secretary: Sharon Austin
S @ Arms: Laurel Holterman
I/P.President; David Tomlinson

Northern Beaches Toastmasters

Meet 6.45pm on

4th Tuesday of the Month.

UPCOMING EVENTS

27th March 2012

The Brookvale
Chinese Restaurant
676 Pittwater Road,
(Opposite DY Hotel)
Entrance is in Chard Road
Brookvale

Theme

'Reverse Agenda!'
7:00pm

Area 22 Contest

23rd March 2012

**Senior Citizens Club
Manly**

MARCH BIRTHDAY CELEBRATIONS

3rd Frank Elmes 20th Deanna Morpurgo
24th Jan Vecchio

POT LUCK

A meeting with a difference, as on arrival each member was met by Frank Elmes holding a container with slips of paper with different roles for us to pick as a lucky dip and the members to hold those positions for the evening.



President Steve Barber began the evening presenting to Frank Elmes an award plaque as Northern Beaches Toastmaster Club DTM (**D**istinguished **T**oastmaster **A**ward)

This evening began with the welcome by John Inglis to our Guest Joan Nurse (Muriel's sister from Canada) & Members

Frank Elmes, Jan Vecchio, Keren Snell, Denise & David Tomlinson, Deanna Morpurgo, Steve & Beverley Barber, Muriel Jones & Laurel Holterman.

After the President's Report at the end of the first half and before our dinner was served John Inglis told a 'husband & wife joke.'

After Dinner:

Something new about me:
Beverley Baber

Evaluators: Steve Barber,
David Tomlinson,
Denise Tomlinson.

The Reports followed the speeches.

Ahms & Ahs: Deanna Morpurgo

Grammarian: Keren Snell

Listening Post: Laurel Holterman

Guest Comment: Joan Nurse

Timers Report: Muriel Jones

General Evaluator: John Inglis

DEE WHY CHINESE RESTAURANT MENU

Mixed Entrée:

Dim Sim, Spring Roll, Ham & Chicken Roll.

Mains:

Fried Rice, Satay Chicken, Sweet & Sour Pork, Beef & Black Bean Sauce, Mixed Vegetables.

Dessert:

Ice Cream with flavouring
Coffee.

Everyone left the table well contented and happy after a delicious meal & Exciting (word of the night) evening.

SPEECHES OF THE EVENING

Speaker 1: Steve Barber

Title: Stop Eating Sludge

Evaluator: David Tomlinson

Comparing the white processed foods we eat with the clogging up of the kitchen drains when 'Drano' cannot help, before a service call is made to the plumber. Personally eating salads keeps us healthy & improving our health in every way helping to reduce the risk of Cholesterol, Heart Disease and Stroke..

Speaker 3 Jan Vecchio

Title: Inspire to Run,
Inspired to Achieve!

Evaluator: Denise Tomlinson

Jan spoke of 3 Runners who had been ridiculed & told 'You are Crazy', 'You couldn't do it' and 'You are hopeless.'

Cliff Young aged 61, was told 'You are Crazy', a potato farmer showed up at the start of this race, wearing overalls & work boots. To everyone's shock he picked up his race number & joined the other runners. He was the first competitor to cross the finish line setting a new course record.

Roger Bannister an Englishman who was best know from 1954 for running the first recorded mile in less than 4 minutes @ 3:59.4. He

Speaker 2: David Tomlinson

Title: Not for Profit does not mean No Liability.

Evaluator: Steve Barber

The purpose of David's speech was to encourage all of us to obtain the necessary information, so that we understand the liabilities that we & others in our organization are accepting. More importantly is what we do to limit those liabilities. The Institute of Chartered Secretaries runs a course called "The Certificate in Governance Protocol for not-for profits." Not for Profit does not mean no-liability so he strongly urged us to take the first step in minimizing liabilities.

had been told 'He couldn't do it.'

"It all starts with desire, the drive to be the best. Fueled by my faith in my training. I will overcome all obstacles. I am brave! I am not afraid to face anyone on the track. I believe this is not a dream. It is my reality." Roger Bannister

Steve Monghetti is one of Australia's greatest ever athletes. His status in the marathon is legendary, winning 4 City to Surf races 1999 – 1991 & race record holder. Training twice a day covering approximately 200k's weekly & totaling over 8,500k's in a year. He was told he was hopeless.

In Jan's way she was saying
'Never, Never give up!'





Phone: 9410 1340

E-Mail:
presidentnbtcc@westnet.com.au

*District: 70
Area: 22
Hawkesbury Division
Club No. 609136*

We will soon be on the Web!

See us then at:
www.nbtcc.org.au

PRESIDENTS MESSAGE

This months special 'Pot Luck' meeting was the first in our series of different meetings & was a huge success. To keep the meetings fresh & challenging we also plan a "Back to Front," "Speech-athon & "Mock Wedding" meetings, plus cram in a "Tall Tales" contest somewhere. We also need to hold club election for the next years executive & I ask you to consider members you would like to nominate for one or all the positions. The other event that will require all hands on deck, to succeed in our upcoming Speechcraft Course.

The plan is to hold a six week course over eight weeks together with our club meetings in May & June included in the course fees. This will give the students exposure to our unique style of being a Toastmaster in a Gourmet Club. Congratulations to Frank for receiving his Distinguished Toastmasters Award and doing a great job as VPE.

Thanks to our club executive members who make sure that everything happens at the right time, working hard behind the scenes & serving our club.

THOUGHT OF THE MONTH:

"Secrets of Success"

That man is successful who has lived well, laughed often and loved much, who has gained the respect of the intelligent men and the love of children; who has filled his niche and accomplished his task; who leaves the world a better place than he found it,

whether by an improved poppy, a perfect poem or a rescued soul; who never lacked appreciation of earth's beauty or failed to express it; who looked for the best in

