



CHATTER ON A PLATTER

JULY-AUGUST 2013

Northern Beaches Toastmasters Club

Moving forward, getting ahead

THOUGHT OF THE MONTH

Mistakes aren't bad. The fear of mistakes, though, will imprison you in your comfort zone. Instead of being scared of making a mistake, be scared of *not* making one, because without mistakes there is no growth. All great discoveries and accomplishments were made my making a mistake first.

"A person who never made a mistake, never tried anything new." Albert Einstein.

CONTEST WINNERS

TABLE TOPICS

First place - Sue Loucks

Second pace – David Tomlinson

HUMOROUS SPEECH

First place - Sue Loucks

Second pace – David Tomlinson

Congratulations!!

to all contestants

Errol Byrnes, Guy Loucks, Sue Loucks, Brian Paull, David Tomlinson, Steve Barber, Denise Tomlinson.





JULY AND AUGUST BIRTHDAY CELEBRATIONS

12th July - Errol Byrnes

22nd August - Beverley Barber

27th August - Keren Snell

WELCOME TO OUR GUESTS AT THE JULY MEETING

Karen , Bree, Angus

Area 22 Governor Charmaine Burke

Dear Members,

I am still on a “high” weeks after our Humorous Speech and Table Topics Contests. The standard for both contests was outstanding. Thank you to all who made it happen.



It was rewarding to see our newer members competing so well. Entering a contest for the first time is not easy – it takes courage to do something different. All contestants are to be congratulated and in particular the winner of both contests. Sue Loucks is our club champion and will represent Northern Beaches Toastmasters Club at the Area 8 Humorous Speech and Table Topics Contests on Wednesday 11th September 2013 at St Kierans Parish Hall at Manly Vale. I ask you to be there to support Sue at the next level of the contests.

My goal this year is for our club to achieve President’s Distinguished status. This will happen when you, the members, achieve your communication and leadership goals and keep the club vibrant and healthy – a club to which people will be attracted and will want to join. Please communicate you goals with our Vice- President Education, Reg Stewart, to allow for planning.

We all have one aim in common – to develop our communication and leadership skills.... and to have fun and make friends along the way.

Best wishes

Jan



Important aspects of a meeting include –

- **Timing**
- **Smooth transitions between presentations**
- **All speeches being manual speeches**
- **Positive evaluations**
- **Informing guests of the Toastmasters program**
- **A friendly atmosphere**

HUMOROUS SPEECHES

David Tomlinson – Do It Yourself At Bunnings. *“The lowest prices are just the beginning.”*

Denise Tomlinson – Melt Down With Numbers. *Do you remember how to count 11 fingers?*

Sue Loucks – Hold The Olive Please! I’m On A Diet. *You need a PHD to work out the best diet and health plan and survive.*

Steve Barber – Brussel Sprout. *What is your choice of vegetable?*

Why Table Topics

Do you have a love/hate relationship with the table topics session? If so, you are not alone!

Many toastmasters tend to break out in a sweat just watching others being put through the “table topics sieve”. When it is their turn, resuscitation is sometimes required before they stand to experience what is often the most stressful moment of their life.

It does not have to be like this. There are strategies for answering those “dreaded questions” and the more practice you get the more articulate you will become.

A good basic approach is –

LISTEN * PAUSE * CONFIRM * TELL * END

Avoid apologizing, rambling and inventing.

There are three main strategies to use in responding to table topics questions.

1. PAST * PRESENT * FUTURE
2. WHY * WHERE * WHEN * WHAT * WHICH * HOW
3. POINT * REASON * EXAMPLE * POINT

Enjoy the next table topics session!

Membership for a Toastmaster is more than just being a passive name on a list. It means experiencing fellowship, mutual support and encouragement as one begins the Toastmasters program and advances through the ranks. Cultivating a sense of a shared mission and accomplishment is the key for a Toastmaster club to attract, retain and nurture members. All individuals need attention and nurturing in order to feel like they are important to the whole membership. Take advantage of every opportunity to learn and grow by being active in your club and encouraging other to share in the benefits of Toastmasters membership.



A speech does not have to be eternal to be immortal



Northern Beaches Toastmasters Club *moving forward, getting ahead*

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Meetings are held at various restaurants on the northern beaches of Sydney on the 4th Tuesday of each month – 6.30pm for 7.00pm

FORWARD PLANNER – 6 MONTHS

- 27th August – club meeting – Travelling – DeeWhy Hotel - 834 Pittwater Road
- 11th August – Judging Workshop – Bankstown Sports Club - 1.00pm
- 25th August – final Club Leadership Training – Bankstown Sports Club – 1.00pm
- 11th September – Area 8 Humorous Speech and Table Topics Contests
- 15th September – Speakers Forum and Sunday Seminar “Change – But It Ain’t Broke” – Bankstown Sports Clubs – 9.00am
- 24th September – club meeting - Dizzy Motion
- 12th October – Hawkesbury Division Humorous Speech and Table Topics Contests
- 22nd October – club meeting - Area 8 Governor Visit
- 8th to 10th November – District 70 Semi-Annual Conference - Ettalong
- 26th November – club meeting - 10 Year Anniversary
- 17th December ?? – club meeting - Christmas
- 28th January – club meeting - International Speech and Evaluation Contests

CLUB MISSION

We provide a supportive and positive learning experience in which members are empowered to develop communication and leadership skills, resulting in greater self-confidence and personal growth

CLUB EXECUTIVE COMMITTEE MEMBERS

- President: Jan Vecchio DTM
- VPE: Reg Stewart DTM
- VPPR: Guy Loucks
- VPM: Denise Tomlinson DTM
- Secretary: Kathy Stewart ACG, ALB
- Treasurer: David Tomlinson ACS
- SAA: Steve Barber ACS

